Applying the Kirkpatrick model: Evaluating an Interaction for Learning Framework curriculum intervention

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Global perspectives and interpersonal and intercultural communication competencies are viewed as a priority within higher education. For management educators, globalisation, student mobility and widening pathways present numerous challenges, but afford opportunities for curriculum innovation. The Interaction for Learning Framework (ILF) seeks to help academics introduce curriculum change and increase peer interaction opportunities. Although the framework has many strengths to recommend it, the ILF does not provide a process by which academics can easily evaluate the outcomes produced by its implementation. In this paper, we examine the efficacy of a popular four level training evaluation framework – the Kirkpatrick model – as a way to appraise the outcomes of ILF-based curriculum interventions. We conclude that the Kirkpatrick model offers educators a straightforward basis for evaluation of interventions, but that as with any model the approach to evaluation should be adapted to the particular setting and circumstances.

Introduction

The increasing number of international students, and domestic first and second-generation migrants, have literally changed the face of Australian higher education, offering rich opportunities for innovations in teaching. Widened entry pathways, established government sponsored entry, and targeted recruitment programs, have attracted mature-aged, low socio-economic, migrant, indigenous and international students to the Australian HE sector (Bradley, Noonan, Nugent & Scales, 2008; Chaney, 2013; Mak & Kennedy, 2012; Schlegelmilch & Thomas, 2011).

Of the total 230,923 international student enrolments in 2012, just over a quarter were studying a Masters degree by coursework and half of these were in management and commerce - almost four times that of the next closest field of study (Chaney, 2013, p. 11-13). This student profile has forced attention towards the curriculum and learning outcomes for the globalised professional labour market and teaching environment, which embrace increased intercultural skills development for graduates. This is not confined to the Australian setting (c.f. Mintzberg & Gosling, 2002; Schlegelmilch & Thomas, 2011).

There is growing recognition that traditional approaches to curriculum, teaching and learning may not be addressing needs of the increasingly diverse student population, or satisfying the demands of graduate employers (Australian Business Deans Council, 2014; Dyllick, 2015). The changing student population necessitates new approaches to both curriculum design and teaching that specifically aim to scaffold learning by drawing on and building student capability. Academics teaching in postgraduate management education programs need to acknowledge the changing student demographic and harness this opportunity.
International and domestic students alike are understood to benefit from opportunities which encourage development of generic business attributes, support students to think globally, and value cultural and linguistic diversity (Green & Whitsed, 2015; Leask, 2008). Learning environments that foster peer interaction can better prepare students for globalised workplaces. One way to draw on student diversity is to focus on peer interactions within a structured learning environment. Enhancing interaction between students in an on-campus class is, however, challenging (Harrison, 2015; Kimmel & Volet, 2012). The Interaction for Learning Framework (ILF) developed in Australia by Arkoudis et al., (2010) is intended to help academics structure learning environments which increase interaction between students.

Although the ILF provides a basis for planning innovations in learning environments to increase peer interaction, there is a need for evaluation of the implementation of this framework. In addition to “raising the awareness of academics about the possibilities for improvement” (Arkoudis, et al., 2013, p. 233), it is necessary to provide evidence of intervention outcomes. One appraisal tool in business (see Han & Boulay, 2013), and recently employed in higher education (Praslova, 2010; Taras, et al., 2013), is the Kirkpatrick four level training evaluation model (Kirkpatrick & Kayser-Kirkpatrick, 2014).

This paper is an account of the evaluation of the curriculum innovation grounded in the ILF. We examine the efficacy of the popular four level training evaluation framework – the Kirkpatrick model – as a way to appraise the outcomes of ILF-based curriculum interventions.

The higher education context: A changing landscape for management educators

Providing students with opportunities to develop interpersonal and intercultural communication competencies is increasingly viewed as a key university responsibility in the development of work-ready graduates. There is a need to close the gap between theory and practice in curriculum, and for pedagogy aimed at developing interpersonal skills including intercultural understanding (Randolph, 2011). Busch (2009) and Caruana and Ploner (2010) argue these learning outcomes are central to realising individual employment ambitions and workplace integration. In the changing global environment, education that supports the development of students’ global perspectives, learning, interpersonal, and intercultural competencies is a priority (Chaney, 2013). In this global environment, managers who can construct knowledge with alternate cultural viewpoints, demonstrate high level interpersonal and communication skills, and work productively and collaboratively, are considered vital to the future of management (Australian Business Deans Council, 2014; Dyllick, 2015).

Amoroso, Loyd and Hoobler (2010, p. 796) argued, “management educators play an important role in exposing students to many diversity related topics”. They maintained that strategic pedagogical approaches need to be employed to mitigate the problems arising from common diversity discussion-based practices, which have a tendency to
reinforce status group boundaries and affirm stereotypical beliefs. As Amoroso et al. (2010) suggested, structuring activities which promote new allegiances and social identities, and undermine stereotyping, are an important part of the educators’ role.

There has been increased attention paid to the ‘internationalisation of the curriculum’ as a way of developing global perspectives (Leask, 2008; Leask & Beelen, 2009; Wamboye, Adekola & Sergi, 2015). Across this literature, three essential educational requirements are emphasised. First, learning environments need to be structured to provide students with opportunities to develop intercultural competencies as a feature of the formal curriculum (Leask, 2008; Leask & Beelen, 2009). While this goal has been characterised as an impossible ‘ideal’ (DeVita, 2007), it is nevertheless an important aspirational goal, particularly as it relates to graduate capability and learning outcomes (Caruana & Ploner, 2010). Second, learning environments need to facilitate the development of generic graduate attributes such as: thinking globally; appreciating multicultural diversity; valuing cultural and linguistic diversity (Leask, 2008); cultural intelligence (Shaw, 2004); and, specific disciplinary knowledge. Third, learning environments need to encourage and support peer interactions (Arkoudis, et al., 2010; Schullery & Schullery, 2006) and productive engagement in teams (Volet & Mansfield, 2006; Kimmel & Volet, 2012).

Denson and Bowman (2011) suggest it is not only the quantity, but the quality of interactions between culturally diverse peers, that is important for the development of intercultural communication competencies (see also Harrison, 2015). Kimmel and Volet (2012, p. 449) observed, “despite all the potential beneficial effects of group work in academic learning, there is a parallel, strong and converging body of literature documenting students’ negative perceptions… and experiences of socio-emotional as well as socio-cultural challenges”. Osmond and Roed (2010) concluded that most students tend to prefer homogenous groups with similar backgrounds, shared languages or shared difficulties with English as a second language. The tendency for students to avoid interacting with others they perceive to be dissimilar to themselves (Harrison & Peacock, 2010), provides a significant rationale for curriculum innovation that encourages engagement between all students.

According to Arkoudis et al., (2010, p. 26), “internationalising teaching and learning strategies, including increasing interaction between domestic and international students” is a key challenge. The degree to which educators purposefully manage interpersonal and intercultural interaction is still relatively unknown. Likewise, how students respond when these dimensions of learning are structured into the learning environment is also largely under-researched. Research to evaluate resources intended to innovate curricula to support such learning outcomes is equally rare (Green & Whitsed, 2013).

Arkoudis et al., (2010) stressed it is false to assume that productive peer interaction will spontaneously occur in classes without structured interventions. Encouraging structured peer interaction in learning environments is viewed as a potential means to engender productive outcomes. This is the focus of the Interaction for Learning Framework (ILF).
The Interaction for Learning Framework (ILF)

Premised on previous research that clearly showed student reluctance to mix outside their social or cultural groups (e.g. Leask, 2009; Prescott & Hellsten, 2005), the ILF emphasises that the management of interaction between students is an integral part of the facilitation of learning (Arkoudis, et al., 2013). The six-dimensional framework is intended to support the development of a structured approach incorporating interventions aimed at increasing the level and depth of peer interaction and fostering communities of learning (Arkoudis, et al., 2010; Arkoudis, et al., 2013). The six dimensions focus on:

- incorporating peer interaction activities into the design of the unit
- using teaching strategies to facilitate meaningful, structured interactions with peers from different backgrounds in the first few weeks of class
- informing students about the expectations and benefits of working across different cultural groups for their learning
- encouraging students to engage with the subject content through peer learning activities
- encouraging students to engage, to critically reflect on the learning process itself
- encouraging students to move across cultural contexts, to collectively form a community of learners.

The application of the framework has not yet resulted in a plethora of published work, however there is some evidence that the model has been trialled across a range of subjects including organisational behaviour (Paull, 2015) anatomy (Etherington, 2014) and in mathematics, history and media (Whitsed, 2010).

Although the framework has many strengths to recommend it, the ILF does not provide a process by which academics can easily evaluate the outcomes produced by its implementation. Evaluation of teaching interventions cannot easily be parsed, nor can academic staff, with increasing time constraints, afford to spend hours conducting in-depth evaluation of innovative approaches to teaching. We present the Kirkpatrick model as a simple, time efficient way to evaluate the outcomes of ILF-based curriculum interventions.

The Kirkpatrick model

Kirkpatrick first proposed his approach to evaluation in 1959. The model was extensively reviewed as part of its semi-centennial celebrations (Kirkpatrick & Kayser-Kirkpatrick, 2014). It consists of four levels of evaluation designed to appraise workplace training (Table 1). There is evidence of a propensity towards limiting evaluation to the lower levels of the model (Steele, et al., 2016). The model is an established and recognised approach which provides a structure and does not require an inordinate amount of time to administer. Although the approach has its critics, and is not the only way to evaluate interventions, the contribution of the Kirkpatrick model in organisations “cannot be underestimated” (Saks & Haccoun, 2010, p. 332), given its wide use in industry for over
55 years (e.g. health, see Ameh & van den Brock, 2015; hospitality, see Ho, Arendt, Zheng & Hanisch, 2016).

The Kirkpatrick model has been employed in higher education settings with varying opinions about its efficacy (see Abdulghani, et al., 2014; Arthur, Tubre, Paul & Edens, 2003; Chang & Chen, 2014; Collins, Smith & Hannon, 2006; Praslova, 2010; Yardley & Dornan, 2012). Although Saks and Haccoun (2010) concluded it may not be well-suited to formative evaluation, and Holton (1996) and Alliger, Tannenbaum, Bennett, Traver & Shotland (1997) have criticised the hierarchical nature of the approach, these conclusions have not been further substantiated, nor had an impact on its application in industry. Its simplicity and focus, and its systematic approach, mean that it remains one of the most widely used tools for evaluation of workplace training. It therefore provides a useful starting point for evaluation of curriculum innovations such as those proposed by the ILF. It is also likely to be familiar to management academics. What follows is a description of an ILF-based curriculum innovation in a postgraduate coursework business unit.

Table 1: Overview of the Kirkpatrick four levels of evaluation

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<tr>
<th>Level</th>
<th>Description</th>
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<tr>
<td>1</td>
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Applying the ILF

The unit was taught by the first author (A1) who implemented the ILF. The second author (A2) took on the role of critical friend during implementation, and the third author (A3) provided a retrospective outsider view offering further insights at the time of data interpretation (Greene, Caracelli & Graham, 1989).

The compulsory postgraduate unit, on organisational behaviour, has a diverse student cohort. In this particular semester, students (N=45) ranged in age from early 20s to 65; and from limited work experience to many years in a range of industries (e.g. health, teaching, mining, public and non-profit sectors) and professions (e.g. accounting,
hospitality, human resources and marketing). This diversity extended to ethnic backgrounds, with students from Africa, Asia, Europe, and the United States. The domestic student cohort, many of whom had ethnic origins similar to the international students, included students from regional Western Australia and across the nation. All students were faced with challenges in managing their studies as part of their busy lives.

Supporting the development of students’ intercultural communication competencies was a key learning objective in the unit. Students were required to self-select into groups to complete an assignment that extended over a number of weeks. Each group was required to develop a behavioural contract to establish their ground rules for working together. Students were also required to keep a critical incident log to document their group’s evolution. A key element of the group assignment was the allocation of in-class time for students to work together. This allowed monitoring of groups and feedback provision by A1.

Observations by A1 over a number of semesters, however, had suggested the degree of interaction between the students in group projects and during class time was less than optimal, despite the interactive learning and group activities in place. For example, students repeatedly sat in the same location and in the same homogenous groups even though diversity was promoted as an ideal to be achieved in the group formation. Therefore, as a move to address this tendency, a series of interventions were undertaken using the ILF as a guide.

Adopting the ILF was intended to increase interactions between all students in the class. The aims were to enhance cross cultural communication, group interaction, communication and learning about diversity; and to help create social connections between students to enable peer support and reduce some of the barriers which are known to exist between domestic and international students.

To address the first two dimensions of the ILF – planning interactions and creating environments for interaction, A1 integrated the following into the unit’s design and delivery.

- Briefing at semester commencement on the need for diversity in assignment groups, and discussion of the value of diversity for assignment outcomes was increased. The need for graduates to be competent in a diverse work environment was discussed as a key reason for the emphasis on diversity in the unit.

- Exercises and activities to explore and gain understanding of the less obvious elements of diversity, such as work and life experience, were used to increase interactions between students before groups formed. This expanded briefing included content about cultural influences on group and task behaviour, and was delivered a week earlier than usual.

- In the first class, A1 introduced an additional ‘out of your seat’ icebreaker exercise. The icebreaker was designed such that students who had been resident a short period
Applying the Kirkpatrick model: Evaluating a curriculum intervention

Dimension three of the ILF relates to scene-setting. A1 led discussions on stereotypes, and preconceived ideas about different cultural groups were identified; highlighting the use and misuse of perceptive shortcuts. The discussions also included interaction with core examinable text and course materials adding an incentive for student engagement. Students were provided opportunities to gain understanding of the value of peer interaction and provided instruction and time for establishing ground rules and expectations for learning tasks, in this case the group assignment. In the development of the group behavioural contract students were asked to determine mechanisms for dispute resolution, and establish expectations for individual contributions.

Dimension four of the ILF relates to subject knowledge. The unit included topics such as perception, group dynamics, cultural differences and diversity. Class exercises were designed to specifically illustrate these and capitalise on student diversity. These included: a game of ‘whispers’ in the communication session; student conflict scenario discussions in the conflict session; and a blindfold exercise in the leadership session.

Training tools (e.g. playing cards) were used to randomly assign students to activity groups. In most sessions, groups formed by randomisation were required to discuss short cases, ethical dilemmas or management-practice scenarios drawing on their own experiences and understandings, in addition to the course materials.

Applying the Kirkpatrick model

A number of data collection and interpretation strategies were used in applying the Kirkpatrick model. A1 and A2 maintained a critical dialogue over the semester. A1 kept a record of observations and logged activities as the semester progressed to enable contemporaneous responses to be recorded, and decision making processes to be captured. Each student group was required to submit a critical incident log of their activities, and give a presentation to the class as part of their assessment. Both A1 and A2 attended the presentations.

As the semester ended, the students were invited by A2 to provide anonymous written responses to questions about their experiences. As part of the consent process, students were assured that comments would not be revealed to either A1 or A2 until all grades were finalised. In total 42 out of 45 students participated. The questions focused on student perceptions of assignment work in diverse groups; the manner in which groups were formed; general observations about other class exercises; and whether they maintained contact with each other outside class. Students rated whether they would be more inclined to participate in diverse group work in the future as a direct outcome of...
their experiences in the unit via a five point rating scale. Several students chose to add additional feedback comments.

The multi-source data allowed for evaluation according to the Kirkpatrick levels:

- responses to the questions posed by A2 provided reaction level data (Level 1), and information for the behavioural level evaluation (Level 3);
- observations and records made by A1 as the semester progressed provided data on behaviours of students (Level 3); and
- group critical incident logs, and student presentations provided data on learning (Level 2) and on behaviours (Level 3).

Outcomes of the implementation using the Kirkpatrick evaluation

We made the following observations according to the Kirkpatrick levels of evaluation.

Level 1: Reaction

In the feedback process students were asked to provide their views on the pros and cons of the methods employed to increase interaction in the unit. They were also asked about their willingness to participate again in a group assessment if it the task were similarly structured and managed, on a 1 to 5 point Likert scale with 1 being absolute agreement, and 5 being ‘never again’. Of the 42 students (N=42) who provided a response, only 2 indicated ‘never again’ with 13 indicating absolute willingness. Figure 1 shows the spread of responses.

![Figure 1: Student willingness to participate in similar group assignments](image-url)
Feedback was generally positive. Those who overcame their initial reservations acknowledged the value of working in groups; and of interaction across a broad range of activities. Some of their comments are reflected in the frequency word pictures (see Bock, 2009) in relation to the positives (Figure 2) and negatives (Figure 3) of the methods employed.

A1 observed there were several students who were apathetic towards being randomly assigned to groups for in-class exercises, and a few initially declined to participate. More participated as the semester progressed, and tended to withdraw only from activities which required them to leave their seat, but not from small 'sit-down' discussion type activities.
**Level 2: Learning**

Content of the group presentations suggested that many students had developed an understanding of the value of diverse perspectives. One student commented on the “good mix of different cultures and languages” identifying that it was “good to hear what others think or have things explained in another way other than by the lecturer”. A1 observed that this appreciation of diversity was greater than in the discussion of diversity at the commencement of the unit. The group critical incident logs indicated that students had actively negotiated their way through differences attributable to diversity. While this is a positive outcome, it did become apparent that skills associated with reflection, evaluation and collective development of understanding needed to be included in the skill development phase of the unit in future offerings. The use of reflections as part of instructional strategies has been well documented (see Rogers, 2001).

**Level 3: Behaviour**

At the behavioural level, student responses indicated a limited range of social contact was occurring outside classes due to a range of factors. One student observed “I have no contact outside class due to work and family commitments”. Approximately six months later, A1 observed that numerous students appeared to have maintained contact with each other in other units despite initially indicating this was unlikely. Evidence of this included a group who attended the graduation of the first of their cohort to complete their studies. The degree of interaction observed as occurring between these students suggests that their participation in the unit may have encouraged positive sentiments. The longevity of this behavioural outcome merits further investigation.

**Level 4: Results**

In order to determine if the key ILF expectations were fulfilled, we make the following observations.

*Increased interaction between all students*

Overall, student responses suggested an appreciation of the importance of being able to work in diverse groups and across cultural boundaries. The view was expressed by many students that this reflected the workplace as they perceived and experienced it.

The tendency among many students to shy away from interaction with others they perceive to be dissimilar, provides a significant rationale for curriculum innovation that encourages intra-cohort engagement. While it was not clear that this form of reluctance occurred in the unit, the randomised assignment to activity groups encouraged interaction where this might not otherwise have occurred.

Responses regarding group formation also tended to be positive, indicating high satisfaction levels with the manner in which groups were organised. One student remarked, “The heterogeneous mix of ethnicity and languages also contributed to the positives of group work.”
Some students expressed reservations about group formation, and one likened it to a game of chance. Volet and Mansfield (2006, p. 342) observed that “even minimal levels of cooperation can present motivational and socio-emotional challenges, raising concerns about students’ readiness for teamwork”. They further observe that numerous empirical studies within the social-cognitive perspective, link student motivational factors to personal goals and “perceptions of appraisals of group assignments” (p. 342). It is possible that because marks had been allocated for the group assessment at the time of data collection, these may have influenced some of these responses.

As expected, not all responses were positive and several students were critical concerning the value to them of working in diverse groups. For instance a few students expressed the view that the activities were not appropriate use of their time. The receipt of negative criticisms suggests some students felt sufficiently empowered to offer this feedback. As with any survey, we are mindful of potential response bias with these and other results presented.

**Enhanced learning**

Student motivation to engage in a learning task is indexed to their appraisals of task valence, such as the value of group work. Therefore, it is necessary for the task to be recognised by students as important and that it be ‘worth doing’ (Leask & Carroll, 2011, p. 655). In addition to the intrinsic valence, the assessment was worth 30% of the final grade for the unit. Students were required to participate in small groups to complete some assigned learning tasks. The majority of students maintained that participating in the group assignment was overall a positive experience because of the insights, perceptions and skills afforded them by working within a diverse group.

Positive feedback was also received about the in-class activities designed to promote interaction beyond the assignment groups. The majority view was that these activities were enjoyable and could be employed in other units. Some of the feedback indicated that students understood the value of interaction for learning.

Collaboration [in the] groups in class is fantastic to meet students and discuss the course content. It helps the understanding of the content and gives you confidence that your opinions are valid and relevant.

Students were asked to rate their willingness to participate again in a group assessment if the task were similarly structured and managed. Two students indicated ‘never again’ with 13 indicating absolute willingness. The results indicate that the students endorsed the manner in which the assessment tasks and other activities were constructed and contributed to engendering positive attitudes towards working with others. Research suggests that curriculum innovation which promotes team-work and team interaction increases learning opportunities for students (Volet & Mansfield, 2006; Kimmel & Volet, 2012; Shaw, 2004). No solid conclusions or causal links can be established here, but responses are encouraging. Further, this suggests a continuation of the approaches derived from the ILF is merited.
A1 observed critical incidents suggesting that, for several students, reflecting on the learning experiences and utilising diversity as a means to improve learning, was challenging. This relates to dimensions five and six of the ILF, focusing on developing reflexive processes and fostering communities of learners (Arkoudis, et al., 2010, p. 6). For example, A1 recorded the following:

One group of students did not actively follow the reformation of groups, although they had recruited an individual who appeared to be a ‘token’ international student… At times they manipulated the …activities… so that they did not have to mix with other students. …they appeared to be aimed at alienating the student who was noticeably non-Caucasian…

While students express an appreciation for the value of group work, without appropriate support and interventions, groups may become dysfunctional (Volet & Mansfield, 2006). In this unit, one group allowed itself to be dominated by a single student. A second group comprised of four very new international students and one domestic student, struggled to allocate tasks, and complete the assignment when the domestic student withdrew from the unit. Notable in both instances, and only evident on the evening of the group presentations, was the reluctance of the groups to seek early assistance. A system for early notification should be included in future group behavioural contracts. Despite the challenges encountered, students felt they developed skills which they may not have if they stayed within their own spheres.

Creating social connections
Responses to the question concerning contact with peers outside of class time were mixed. They ranged from only meeting for group assignment purposes to high levels of contact. Students cited lack of time as the reason for not mixing with their peers.

Yes I have contact outside the unit but only within the university. I did not go out with them but not because I did not like them. Everyone was just busy. We spoke about it.

Quite a number of students indicated that while they did contact each other outside class time, this was often via email or social media, and mainly for their studies. One student observed:

For the group meeting we meet up weekly. I met up with one member of the group with regards to study and non-study... the whole team is more like friends towards the completion of the group work and we keep in touch via email and social network.

For a few students, the group experience was ultimately very rewarding and they reported forming friendships. After this data was collected, students from this unit were observed working collaboratively on exam preparation. As they were no longer required to be working together, the continuation of intra-unit contact across cultures is encouraging.
Learnings, limitations and implications

The ILF offered a structured and considered approach aimed at increasing the level and depth of peer interaction and fostering communities of learning. The Kirkpatrick model provided a useful tool to evaluate this curriculum innovation. A level of increased interaction between all students was identified; student learning about the value of diversity, group and cross-cultural interaction was evident; and greater social connections across groups were reported. These outcomes are usable, as they allow identification of the strengths and challenges of the ILF, and provide direction for further interventions, specifically highlighting future refinements.

The Kirkpatrick model offered a simple approach for explanation to diverse audiences, and was relatively easy to implement. It enabled advance preparation, and the development of simple structures to obtain data from students expeditiously, without diverting them from their learning. Similar to challenges experienced in the workplace (Kennedy, Chyung, Winiecki & Brinkerhoff, 2014), where evaluating the learning which has been transferred to other settings, and the return on expectations are difficult, educators need to consider the proxies which might be employed to ascertain level three and level four evaluations.

A comprehensive evaluation via a process of pre-post experimental design with a longitudinal perspective past the unit’s conclusion would offer data suitable for a more in-depth analysis of the intervention. The Kirkpatrick model can be applied for this more complex evaluation with further thought and preparation. As with workplace evaluation, more complex approaches would require additional support and infrastructure (Kennedy, Chyung, Winiecki & Brinkerhoff, 2014), particularly for the level three and level four outcomes. Finally, it is important to recognise that the model would need to be adapted to suit the particular curriculum intervention being evaluated, and the circumstances in which the evaluation is taking place.

The application of the Kirkpatrick four level model in a single semester to a single cohort means that only moderate generalisations can be offered (Williams, 2000). In subsequent semesters, modifications to some of the activities were made, based on student feedback, but the overall interactive format of classes was continued. These subsequent iterations were not subject to any ethics approval, and therefore are not reported here. In the semester under review, however, the Kirkpatrick four level model as a way of evaluating the application of the Interaction for Learning Framework has produced positive outcomes in a time efficient manner for both educators and students. Ongoing evaluation of the application of the Kirkpatrick model is recommended as the fit with other curriculum innovations is not fully known.
References


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